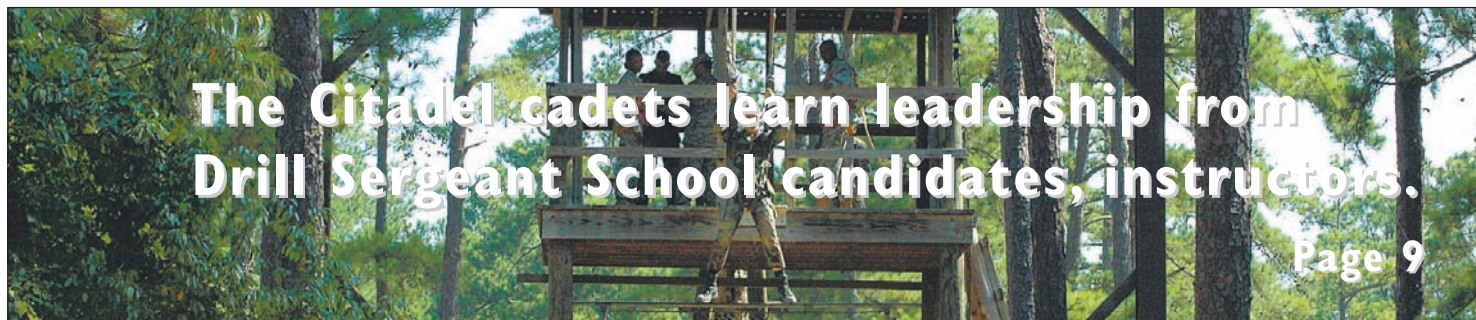


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The Fort Jackson *Leader*

Thursday, August 14, 2008

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www.fortjacksonleader.com

Soldiering from Day One

Blended Reception reduces down time during in-processing

Ashley Henry
Public Affairs Intern

Down time is a thing of the past for Soldiers arriving at Fort Jackson's 120th Adjutant General Battalion (Reception) for Basic Combat Training; that is because under a new reception process they begin soldierization on Day One.

This process, known as Blended Reception, began as an effort to provide a more efficient and effective way of in-processing Soldiers as well as training them. It began as a pilot program in 2007 and was implemented across Fort Jackson in January.

For more than 20 years on Fort Jackson, Soldiers were processed through Legacy Reception. Through this type of reception, Soldiers were processed by 120th Adjutant General Battalion (Reception) cadre and would spend seven to 14 days there. Now, they are spending, at most, four days in-processing, reducing the amount of idle time they have.

With Blended Reception, a Soldier coming into the Army is greeted by his or her drill sergeant at the 120th AG Bn., said Stephen Pinette, deputy G3. For the four days while the Soldier is in-processing, the drill sergeant can train him or her during down time.

Command Sgt. Maj. Roderick Brown, 120th AG Bn. command sergeant major, agreed that ensuring efficient training is important.

"Under Blended Reception there isn't much idle time," he said. "It is designed to get Soldiers to their trainer on Day One when they arrive at the reception station."

Transitioning from civilian life into the Army's way of life can be a challenging task for some incoming Soldiers. Blended Reception makes that transition easier because the drill sergeants are able to work with the 120th AG Bn. personnel to get their Soldiers through in-processing.

"(Drill sergeants) get to know the Soldiers better because they

See *Blended* Page 3



Photo by Ashley Henry

Capt. Gary Ward, left front, Company B, 2nd Battalion, 39th Infantry Regiment commander, and Staff Sgt. Wesley Davis, left back, company drill sergeant, inspect new Basic Combat Training Soldiers who arrived at the 120th Adjutant General Battalion (Reception) Aug. 1. Under Blended Reception, drill sergeants meet the new Soldiers when they arrive on the bus.

Schools, barracks upgrades on master plan for Fort Jackson

Chris Rasmussen
Leader Staff

The cantonment area of Fort Jackson will grow and change considerably during the next six years based on a master plan that places training as the No. 1 priority.

Josef R. Hallatschek, master planning division chief, presented Fort Jackson's future blueprint Aug. 6 to brigade commanders and

installation leaders.

"The master plan is a presentation of construction going on at Fort Jackson from this year out to 2014," Hallatschek said. "We have taken user requirements from people on post and put together a tight plan so things are synchronized."

At the top the list of construction projects that must be accomplished are the new Drill Ser-

geant School and the Armed Forces Chaplaincy School.

The \$11.6 million Armed Forces Chaplaincy School includes construction of a 45,800 square-foot building and features a 300-seat auditorium. Construction is expected to be completed by September 2009. The move to combine all Armed Forces chaplain schools is the result of the Base Realignment and Closure

initiative. It mandates Navy and Air Force chaplain schools at Maxwell Air Force Base, Ala., Naval Air Station Meridian, Miss., and Naval Station Newport, R.I., relocate to Fort Jackson beside the Army Chaplain Center and School to form the Armed Forces Chaplaincy Center.

The new Drill Sergeant School, which will

See *Planning* Page 4



BG May

From the Commanding General

First of all, let me say that I am honored to command such a wonderful Installation and delighted to add my weekly thoughts to this exceptional newspaper.

Let me start by thanking BG Jim and Rebecca Schwitters and the staff for making our transition a smooth one. I would also like to commend the Schwitters for 30 plus years of service to the nation.

Across the installation, we are one Team, with our efforts focused on the same noble goal of training and providing

services for our Soldiers and Families.

I want to be very clear in this first column that I have two priorities.

Our top priority is training. Training is our hallmark and our collective reputation resides upon our continued ability to produce competent and confident Soldiers to the operational Army. Our training programs must be tough, challenging, repetitive, standards-based and outcomes-based in all aspects.

The outcome we are seeking is the transformation of civilians into Soldiers who have the values and skills to go into combat.

Training our Soldiers to the highest possible standard is our non-negotiable contract with America's mothers and fathers.

My second priority is the quality of life for our Soldiers and Families. Our Soldiers deserve the best possible resources in terms of facilities, housing, and community life.

We will continually seek improvements in these areas to include improving our barracks across the installation.

Once again, it's a privilege to join the Fort Jackson ranks. Jan and Chad join me in saying we look forward to serving with each of you.

Ask the Garrison Commander

Hardship releases; child care



Col. Dixon

Q I'm an Initial Entry Training Soldier and my DD Form 214 has the code KDB in block 26. What does this mean?

A The KDB code in block 26 is used for Soldiers on active duty who may be discharged or released from duty because of a genuine dependency or hardship.

Dependency exists when death or disability of a member of a Soldier's immediate family causes that member to rely upon the Soldier for principal care or support. Hardship exists when in circumstances not involving death or disability of a member of the Soldier's immediate family or spouse, separation from the Service will materially affect the care or support of the family by alleviating undue and genuine hardship.

Q I am new to post and heard someone talking about a free after-school program on Parker Lane in the housing area during the school year.

I would like to enroll my second grader but don't know where to go. Can you help me?

A The middle school after-school program is located in the housing area. This program is for children in grades six through eight. Established in 1999, Army leadership implemented the program to target the needs of middle-school students particu-

larly during the afternoon hours 3-6 p.m., which are identified by research and crime statistics as high risk times for youth involvement in at-risk behaviors. The program was fully funded and is provided at no cost other than the annual Child and Youth Services registration fee to encourage all Army families to put their middle-school-age children in a safe, secure setting during the afternoon hours.

The appropriate program for your second grader for after-school care is the School Age Services Program, which is located at the Youth Center. The fees for the School Age Services Program are based on total family income and include school-out days and winter and spring holidays. For more information, call the Child and Youth Services Central Enrollment Office at 751-4865 or the School Age Services Program at 751-1136.

Garrison Fact of the Week

Did you know that according to the 2007 Youth Risk Behavior Surveillance, 75 percent of high school students reported drinking alcohol during their life and 44.7 percent reported having at least one drink of alcohol on at least one day during the 30 days before the survey. In addition, 29.1 percent of students reported riding with a driver who had been drinking alcohol and 10.5 percent reported driving a car or other vehicle when they had been drinking at least one or more times during the 30 days before the survey.

To submit questions to "Ask the Garrison Commander," call 751-5442, or e-mail Scott.Nahrwold@conus.army.mil.

Fort Jackson talks back

Why are you excited to go back to school?



Diamond Jackson, 9
4th Grade

"It's so exciting when your mom tells you you get to walk to school and you get to meet your new teacher and classmates."



Nathan Jeansimon, 9
4th Grade

"My teacher, everyone says she's the nicest one."



Elae Hill, 10
4th Grade

"Meet new friends, check out the gym, go to art class and check out what the playground looks like."



Lauren David, 9
4th Grade

"I can't wait to meet new friends, check out the new playground and walk the halls of my brand new school."



Treshawn Harmon, 9
4th Grade

"Meet new friends, to see if my cousin will be there, see what the gym and playground look like."



Alexis Nye, 8
4th Grade

"Getting to learn more about math, having fun in gym, meeting new friends and just learning."



Lester Torres-Rosas, 9
4th Grade

"PE."



Dorymar Torres-Rosas, 8
3rd Grade

"Recess."

The Fort Jackson Leader

Fort Jackson, South Carolina 29207

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To submit articles, story ideas or announcements for the community page, write the Fort Jackson Leader, Fort Jackson, S.C. 29207, call (803) 751-7045 or e-mail

fjleader@conus.army.mil.

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Photo by Chris Rasmussen

This feral kitten is trying to cope with his new surroundings at the Fort Jackson Veterinary Clinic. The staff will try to domesticate the kitten, which was picked up Tuesday, and if successful, they will put him up for adoption.

Don't feed the strays

Mike A. Glasch
Leader Staff

Abandoned, alone and often riddled with disease; feral cats have long been a problem on Fort Jackson. Feral cats originate from former domestic cats that were lost or abandoned and then learned to live outdoors or in environments involving little human contact.

"Since October of 2007 we've had 70 stray cats brought into the clinic and the majority of those were feral cats," said Maj. Kevin Hinton, Veterinary Clinic chief.

In most cases, feral cats are not completely wild because they still depend on people for their food source, whether it is a dumpster outside a dining facility or someone setting food out for them. Relatively few feral cats subsist only by hunting.

"Most ferals are seen in housing areas," Hinton said. "Any place the cats can get access to food is where they are going to congregate. That is why we really want to discourage anyone from feeding these cats."

Hinton added that as the feral cat population grows, so does the public health threat. Rabies, mange, ringworm and intestinal parasites are just a few of the diseases these animals can carry.

"They usually bite, and their saliva can get into a wound. Feral cats are a prime candidate to carry rabies," Hinton said.

They can also spread diseases to house pets. According to Hinton the feral cat population is going to have feline immunodeficiency virus or feline leukemia virus and those can be transmitted by cat-to-cat contact. While those diseases are not contagious to people, they are fatal to house cats.

To aid in cutting down on the feral cat

population; Hinton wants to discourage anyone from feeding them.

"When you feed feral cats you are doing two things. One, when you increase the food they have you increase their reproductive capabilities," he said. "The bigger the food supply, the more babies they are going to have and the more of those babies are going to survive. So you are exponentially increasing the feral cat population."

"Second, when you are putting food out you are attracting cats from off post as well. So, you are adding to the population on two fronts."

Since ferals are likely to carry diseases, both Hinton and Randy Bundrick, chief game warden, recommend not trying to approach the animals.

"Even if they appear friendly at first, ensure that children are taught that stray animals are not to be petted or handled," Bundrick said. It is best to call the professionals to pick up any strays.

"Children like pets," Hinton added. "They are going to be attracted to them. If they see mom and dad feeding them, and they see mom and dad interacting with them, they are going to try and interact as well. That is where we are going to get bites and scratches."

If for some reason you are bitten by a feral cat, don't try to corral it. Get a description of the animal, and go see your health care provider. They will generate a report of the incident, and the game warden can locate the animal and bring it to the veterinary clinic to check for rabies.

To report a stray, call Bundrick at 751-7002.

Michael.A.Glasch@us.army.mil

Guardsmen go active



Photo by Chris Rasmussen

Maj. Tasleen Pantan, National Guard Bureau, swears in 18 National Guard Soldiers into active duty Thursday at the Strom Thurmond Building as part of Active First. The pilot program is a joint recruiting effort to bring guardsmen into the Army for 36 to 46 months before returning to the National Guard.



Photo by Ashley Henry

Capt. Gary Ward, Company B, 2nd Battalion, 39th Infantry Regiment commander, inspects new Soldiers at the 120th Adjutant General Battalion (Reception) Aug. 5.

Blended (continued from Page 1)

are here with them," said Capt. Gary Ward, Company B, 2nd Battalion, 39th Infantry Regiment commander. "Because of the slower pace, we can get to talk to them more about their personal issues, so once we get to the unit, we can start training. They get a better relationship early on with their drill sergeant, which gives them confidence."

During the four days Soldiers spend at the 120th AG Bn., when they are not sleeping or in-processing, their drill sergeants are training them in drill and ceremony, they are studying their Smart Book and they are given a 1-1-1 (one minute of push-ups, one minute of sit-ups and a 1-mile run) physical training test.

Staff Sgt. Wesley Davis, Co. B, 2nd Battalion, 39th Infantry Regiment drill sergeant, said that during Legacy Reception there was so much training that had to be covered when the drill sergeants finally got the Soldiers to the company before they could move on to more important things that it was like force-feeding them.

"The training we are able to do up here (at the 120th AG Bn.) puts us like two steps ahead and we can just jump into our company stuff," Davis said. "We can move on to something that is more important when we get down to the company, like BRM (basic rifle marksmanship)."

Since the switch over to Blended Reception across Fort Jackson minor changes have been made to improve the process such as timelines and hiring more civilian personnel.

Improvements in the Blended Reception process will carry over into fiscal year 2009 as Fort Jackson continues to in-process Soldiers through Blended Reception.

"I think Blended Reception is a smart idea," Lt. Col. Collin Fortier, 2nd Battalion, 39th Infantry Regiment commander said. "It gets (drill sergeants) to know their guys right away and those Soldiers to know the drill sergeants so they get the perfect introduction to the Army."

Ashley.Rose.Henry@us.army.mil

Around Post

Sponsorship Training

There will be a Sponsorship Training 1-2 p.m., today at the Strom Thurmond Building, Room 213. For more information, call 751-4862/6325.

DOIM Closure

The Directorate of Information Management will be closed Friday for organization day. For assistance, call 413-7981.

369th AG Bn. Change of Command

The 369th Adjutant Battalion will have a Change of Command ceremony at 8 a.m., Monday at Darby Field. Col. Richard Teolis will relinquish command to Lt. Col. David Wood. In case of inclement weather, the ceremony will be in the MG Robert B. Solomon Center.

1-13th Inf. Reg. Change of Command

The 1st Battalion, 13th Infantry Regiment will have a Change of Command ceremony at 9 a.m., Aug. 26 at the 193rd Infantry Brigade headquarters. Lt. Col. Kevin Cooney will relinquish command to Lt. Col. John Calahan.

Former leader teaches skills to pre-command students

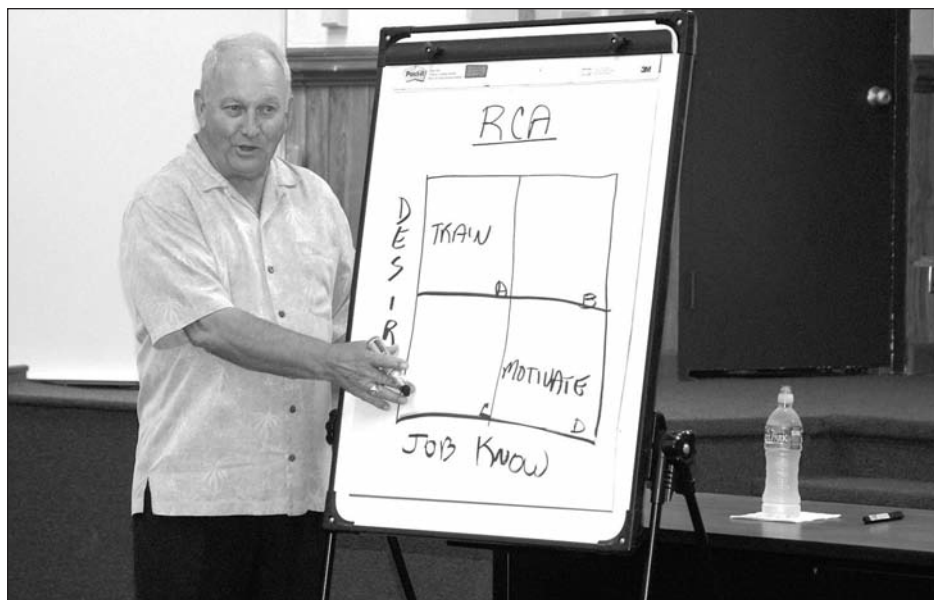


Photo by Susanne Kappler

Retired Maj. Gen. Steve Siegfried explains leadership concepts to students of the Pre-command course at Victory University Monday. During the course, past and present senior military leaders give guest lectures to provide guidance to future leaders of the U.S. Army Training and Doctrine Command. Siegfried was Fort Jackson's commanding general from 1991 to 1994.

'Green' furniture showcase a year old



Photo by Chris Rasmussen

Jim Rigdon, left, an account manager for Alfred Williams & Company, shows off a "green" office suite to John Vassallo, chief of the Fort Jackson Library, during a Sustainable Interior Showroom tour Tuesday in Room 200 at the Strom Thurmond Building. Tuesday marked the one-year anniversary of the showroom, which displays earth-friendly furniture for working environments.

Seeking Stories

Soldiers, Family, Friends

The *Leader* staff would like to talk to Soldiers who have attempted or considered suicide, or someone who has been affected by a Soldier's suicide or attempt. The article will be tastefully written and anonymity will be honored.

Share your story for Suicide Prevention Week in September — what led to your considering or attempting suicide, what helped you through your difficult time and how you are doing now — so that maybe your story can help someone else.

Anyone interested in talking to the *Leader* staff about this article, call 751-7045 or e-mail fjleader@conus.army.mil.

Planning *(continued from Page 1)*

be located at Marion Avenue and Kemper Street, is being built to accommodate the influx of drill sergeant candidates and instructors from the Base Realignment and Closure recommendation, which calls for consolidating the three schools to Fort Jackson. The new Drill Sergeant School, which will include a headquarters building, classrooms and a dining facility, is expected to take about two years to complete.

Work is slated to begin this month, and completion is scheduled for the early part of 2011. Barracks will be built at a later date.

"The Armed Forces Chaplaincy School and Drill Sergeant School are our first priority because they are BRAC items," Hallatschek said. "Then after that, the next priority will be the continued upgrade of the

barracks for the Soldiers."

Extensive renovations began in early 2007 on the former 2nd Battalion, 485th Infantry Regiment barracks as the first project for the Barracks Upgrade Program. Construction on the former 2nd Bn., 485th Inf. Reg. barracks, located off Magruder Avenue and Strom Thurmond Boulevard, is expected to be completed by the end of 2008. Renovations include not only barracks, but the dining facility, battalion headquarters and classrooms.

The next upgrades are slated for the 1st Battalion, 61st Infantry Regiment barracks located off Magruder Avenue and Hill Street. Start and finish dates have not been announced.

The upgrade program is being done in a

phased approach so that there are enough living quarters at any given time to support at least 54 Basic Combat Training companies.

"There are several funding sources that have to come into play," Hallatschek said. "But the main thing is we can't sacrifice the present for the future to the point where you can't do your mission."

Following the barracks upgrades, work will then begin on several smaller projects including two new modified record fire ranges, a new night infiltration course, upgrades to the MG Robert B. Solomon Center and Child Development Center as well as repairs to the Fort Jackson Golf Club and new cabins at Weston Lake.

Chris.Rasmussen@us.army.mil

Customer Service Corner

Only 15 issues were received by Customer Management Services in July, the first month of the fourth quarter, and only three of those require action, the other 12 are non-issues that do not require action.

Community FIRST, Fort Jackson's issue-resolution process, is designed to identify and resolve on a quarterly basis the well-being issues of the community. Feedback is requested from all members of the community.

During the second month of the quarter, the issues that have been identified are distributed to the responsible directorates or organizations. The issues will be worked and completed, or they will remain active until the Installation Action Council convenes.

When the IAC convenes in the third month of the quarter, the issues are revisited and a vote is held whether to keep issues active, forward them to the commanding general or deem them unattainable.

Drill Sergeant Spouses' Focus Group

The Drill Sergeant Spouses' Focus Group is set for 8 a.m. to noon, Aug. 21 at the Plans, Analysis and Integration Office, Building 3499.

This focus group, as part of the Community FIRST process, is an open forum for drill sergeant spouses to raise issues or concerns about life on Fort Jackson. The issues developed will be written up and briefed to the garrison command staff, then sent to the responsible directorates or organizations for review and resolution.

The directorate or organization will report back with the issues' status, which can be: active (being worked); complete (fixed); requiring higher approval (will be voted on at the IAC to be forwarded to the commanding general; or unattainable (not able to fix).

Once the issue status is determined, CMS will report it to the community through the Fort Jackson Web site www.jackson.army.mil and updates in the Customer Service Corner weekly article in the Leader newspaper.

Anyone interested in participating in the focus group can call 751-3425.

All issues submitted through Community FIRST/AFAP can be viewed or new issues can be submitted through the

Customer Management Services Web site. Submit issues whether it affects Fort Jackson or the entire Army; feedback is important. Submit issues and recommendations online at <http://www.jackson.army.mil/Well-Being/wellbeing.htm>. Click on "Submit an Issue or Recommendation," or click on the AFAP Logo to submit an issue.

ICE Appreciation

The garrison congratulates the Directorate of Family Morale Welfare and Recreation, specifically the Army Community Services Financial Readiness Program and Magruder Transient Lodging. They have achieved a 4.96 and a 4.85 rating, respectively, in employee/staff attitude out of a possible 5.0, for a 12-week period.



Heat Can KILL!

Prevention Works

- Drink enough water to replace your sweat losses.
- Don't wait to feel thirsty, your body may need water before you feel thirsty.
- Do not follow very low calorie diets while training in a hot environment.
- Remind your buddy to drink. Refill your canteens at every opportunity.
- Look at your urine. If it is dark or if you have not urinated, you need to drink more.
- Eat meals to replace salts. Drinking too much water and not eating enough salt (hyponatremia) may be fatal.
- Do NOT take any dietary supplements containing ephedra (ma-huang) ANY time.

101 Critical Days of SUMMER

Never Give Safety A Day Off

OWN the EDGE

U.S. ARMY COMBAT READINESS CENTER
<https://crc.army.mil>
Leading on the Edge

A tip of the campaign hat to this week's ... Drill Sergeants of the Cycle



Staff Sgt. Denium Goddell
Company A,
3rd Battalion,
60th Infantry
Regiment



Staff Sgt. Charisse Moss
Company B,
3rd Battalion,
60th Infantry
Regiment



Staff Sgt. Lamar Gilbert
Company C,
3rd Battalion,
60th Infantry
Regiment



Staff Sgt. Jamal Fulks
Company D,
3rd Battalion,
60th Infantry
Regiment



Staff Sgt. Michael Garcia
Company E,
3rd Battalion,
60th Infantry
Regiment



Staff Sgt. Kaulai Hollis
Company F,
3rd Battalion,
60th Infantry
Regiment



Staff Sgt. George Rosa
Company E,
2nd Battalion,
60th Infantry
Regiment



Staff Sgt. James Jenkins
Company F,
2nd Battalion,
60th Infantry
Regiment

ARMY NEWS

Robots sub for Soldiers during risky missions

Jean Dubiel
Army News Service

FORT POLK, La. — Imagine a robot that wields machine guns, opens doors, sets explosives or removes objects with a gripper claw. Add to that 360-degree visual capability, two-way communication, night and thermo vision and lasers. The robot starts to sound like the fictional “Terminator.” But such a robot exists — and it’s on our side.

Soldiers from the 519th Military Police Battalion, 1st Maneuver Enhancement Brigade, watched futuristic technology turn to reality during a recent demonstration. The presentation, by Foster-Miller Defense Technology Solutions, showcased the latest in Soldier-saving technology for the battlefield and urban environments.

“These robots can replace Soldiers in dangerous situations,” said Adrian Herkenbrack, Foster-Miller DTS representative. “The advantage is that these robots have no fear, and we’d rather lose one of them than a Soldier.”

Three robots, including “Dragon Runner,” “TALON SWAT/MP” and “Modular Advanced Armed Robotic System,” demonstrated their capabilities and versatility through three scenarios.

The first was a suspicious-looking moving van suspected of carrying explosive material. The Dragon Runner was deployed to investigate. The smallest of the three units, Dragon Runner weighs only 21 pounds with battery pack installed. It has four sturdy wheels and a color camera installed to look under and around vehicles and other obstacles. The images are transmitted to a control center in real time, so Soldiers get an instant view of the unit’s findings.

“Dragon Runner can fit into a Soldier’s kit and is easily deployed,” Herkenbrack said.

After Dragon Runner completed its inspection, the TALON SWAT/MP was deployed to open the back of the truck. It moves on tracked wheels but can be fitted with regular wheels when needed. At 125 pounds, the unit’s primary feature is its arm and gripper, which can be used to manipulate objects, open doors and attach explosives. The TALON can even hold and fire a shotgun to breach doors or remove padlocks.



Photo by U.S. Army

The MAARS is one of three robotic, unmanned vehicles demonstrated to Soldiers from the 519th Military Police Battalion, 1st Maneuver Enhancement Brigade. It is equipped with non-lethal and lethal armament.

The TALON is also equipped with four cameras for 360-degree awareness as well as looking up or down. It has night vision and a thermal imager that tracks heat signatures to detect hidden personnel. The unit can move as fast as 7 mph, easily outrunning humans, and can be modified to climb stairs with up to a 45-degree angle. Loudspeaker and microphone attachments allow for two-way communication.

For the exercise, TALON SWAT/MP grabbed the handle of the truck’s cargo door, twisted it and pushed the door up to reveal its contents. One of its cameras read the label of a barrel by the door, which was identified as explosive material. The robot picked up the barrel and carried it out of the truck for disposal.

“If that door had been rigged to blow, we would have

lost a robot, but no Soldiers would have been hurt,” Herkenbrack said. “That’s what these units are here for. To save Soldiers’ lives.”

MAARS is also a tracked vehicle with wheel conversion capability, and has up to seven cameras installed. Other features include a loudspeaker, siren, microphone for two-way communication and an operational range of up to 3 kilometers. But what makes MAARS unique is its firepower.

“This unit has escalation of force measures that use a laser range finder for ballistic solutions and a choice of lethal or non-lethal deployments,” Herkenbrack said. “You can choose from rubber projectiles, sponge bags, disabling rounds (tear gas, smoke) or lethal rounds.”

The 360-degree turret is fitted with an M-240B machine gun, making the unit a remote weapons platform. It can fire warning shots above the target or aim direct.

“MAARS also has a gunshot detection feature, so it can pinpoint the direction of shots fired upon it and return fire,” Herkenbrack said.

If firepower is not needed, the weapons system can be replaced with an arm that can lift up to 120 pounds, making it capable of picking up 155mm rounds.

Following the demonstration, Soldiers had the chance to get an up-close look at the units, video control center and the controller.

The robots are controlled with devices similar to video game hand controllers. According to Lt. Col. Brad Graul, 519th Bn. commander, that is a plus in today’s Army.

“The younger generation of Soldiers is going to pick up the use of the controller very quickly,” Graul said. “It’s so similar to video game controllers.” One Soldier was even overheard saying, “... and my mom said all those years of playing video games would never pay off!”

The bottom line is the number of lives saved by using these space-age robotic allies downrange.

“If one robot costs \$300,000, but it saves one Soldier’s life, then it’s worth it,” Graul said. One of his Soldiers wholeheartedly agreed.

“They make everything a little safer for us,” said Pfc. Josh Guevara, 519th MP Bn.

Service members volunteer during orphanage kids’ day

Tech. Sgt. John Asselin
Joint Task Force, Bravo Public Affairs

SOTO CANO AIR BASE, Honduras — More than 50 boys from the Hogar de Ninos Nazareth Orphanage in Comayagua spent a day of fun recently thanks to the good hearts of members of the Joint Task Force-Bravo community.

Nearly 60 Soldiers, sailors and airmen volunteered during the day of fun and activities for the boys, 6-17 years old, sponsored by JTF-Bravo’s Medical Element.

“These children have very limited resources and we are blessed to be able provide them with a day of fun and caring,” said Air Force Lt. Col. (Dr.) Gary Piorkowski, event organizer and JTF-Bravo dentist deployed from Tyndall AFB, Fla. “In the U.S., we take for granted many simple things that we associate with summertime fun: barbecues; swimming pools; going to a movie theater; playing soccer in a lush green field; running under a water sprinkler getting soaked; going to a parade

and seeing Humvees and ambulances; going to an air show and seeing a helicopter land and meeting the air crew and having photos taken. Having a base orphanage day provided a slice of all these fun summertime events and a carefree, fun-filled, summer day.”

The day of playing and swimming on base was not just a fun time for the children, but also enjoyable and rewarding for the volunteers.

“I enjoy being a part of making others happy,” said Army Sgt. 1st Class Michael Sellars, mental health noncommissioned officer in charge, deployed from Ft. Jackson. “To see a child smile touches my heart. Playing with them releases my inner child. What better way to spend a day.”

For others, it was some interaction they miss being away from their families.

“I have kids of my own, and I think that motivates me to do these kinds of things,” said Air Force Capt. Dennis Spencer, a physician assistant at MEDEL, deployed



Photo by Tech Sgt. John Asselin, Joint Task Force

Service members from Soto Cano Air Base play volleyball in the base pool with boys from the Hogar de Ninos Nazareth Orphanage in Comayagua, Honduras. Nearly 60 Soldiers, sailors and airmen volunteered for the orphanage kids’ day.

from Elmendorf AFB, Alaska. “No military ulterior motive at all, I just really enjoy giving back to these kids who have very little and appreciate your efforts so

much. If my kids were in this situation, I would hope there would be folks out there willing to do these sorts of things for them.”

FEATURE

Retired Soldier recalls Fort Jackson's integration

Mike A. Glasch
Leader Staff

From the 1st Rhode Island Regiment of the Revolutionary War, to the Buffalo Soldiers of the Indian Campaigns, to the Tuskegee Airmen of World War II, black units have been a vital part of the United States military.

But it was not until 60 years ago, July 26, 1948, when President Harry S. Truman signed executive orders 9980 and 9981, that the ground work was laid to integrate the armed forces.

Fort Jackson was one of the first Army bases to implement integration on a large scale. While the integration of units in the Army was not officially ordered until 1952, in 1950, Fort Jackson's commander proceeded to assign new men to units without regard to color. Retired Command Sgt. Maj. James "Boo" Alford was one of those Soldiers. On his 17th birthday, Jan. 5, 1951, he was sworn in at Fort Jackson and started basic training in preparation of being sent to fight in the Korean War.

"Out of a company of 250 men, there were 10 of us who were black," Alford recalled. "My commanding officer, Lt. Stillwaggen, one of the first things he said was, 'I don't care what color you are, I'm here to graduate you and bring you home.'"

Alford credits Stillwaggen, and his pla-

toon sergeant, Cpl. Guthrie with keeping race from being an issue.

"They put enough pressure on us to get through basic that we didn't have enough time to think about race," Alford said. "One thing that is not written in the history books is that there were many white officers during that time that took a stand. They kept telling us, 'You're Americans; you're going to act like Americans.' Stillwaggen instilled that in us from the get go."

Outside the gates was a different story. Segregation was still the law at that time.

"There were a few incidents downtown where police would arrest a Soldier and the command would work it out. A person would inadvertently go into the wrong place and couldn't get served," Alford said. "Everyone started learning after a while — be careful downtown."

"We had people from the northern part of the States who were not accustomed to southern moors. Those were the ones who ran into some problems off post. We also had whites who refused to accept southern moors and they ran into some problems as well. It was a teaching experience on both sides."

At the end of 1952, the Army Chief of Staff ordered the worldwide integration of Army units. By 1953, 95 percent of African-American service members were serving as members of integrated units. Alford found that while his commanders at Fort Jackson embraced integration, the same was not true throughout the entire Army.

"In October of 1954, I was sent to Europe. Commanders there were very resistant to integration," Alford said. "Blacks were delegated to the service units — cooks and jobs like that. Some commanders were very upset to find out that you were black. Twice I saw commanders trying to keep the white Soldier who was scheduled to go home when a black Soldier reported for duty."

Like Alford, retired Chief Warrant Officer Curtis Turner entered the Army during the time of desegregation. He entered the Army in 1953, attended basic training at Fort Jackson and then went to Fort Benning, Ga., for jump school. While Turner was looking at the integration from the opposite perspective of Alford, both men saw the same results.

"We had three black Soldiers in our platoon. There may have been some animos-



Courtesy Photos

Retired Command Sgt. Maj. James "Boo" Alford poses in 1951 after his graduation from basic training at Fort Jackson.

ity, but I never saw it," Turner said. "Normally, people are people regardless of race. If you treat people right, you don't have any regrets. You have to learn to get along with people regardless if they are white, black or Indian."

Both Turner and Alford agree that despite orders from the White House and

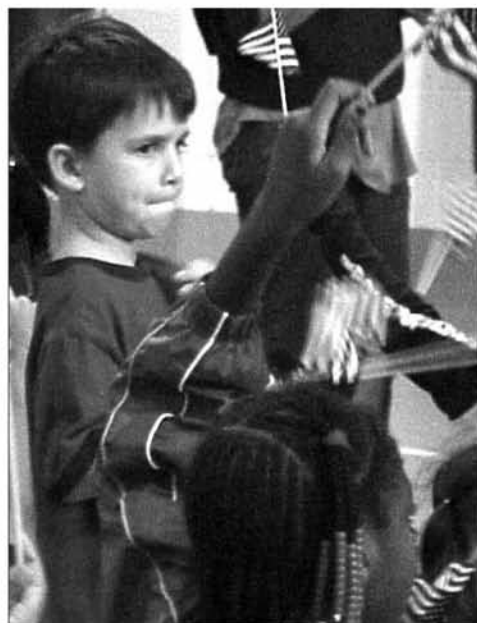
DoD, it took a while for racism to subside within the ranks.

"I think it was prevalent up until the late 70s," Alford said. "But I always reminded myself to be professional and not let it get under my skin; be professional and beat racism with humor."

Michael.A.Glasch@us.army.mil



Retired Command Sgt. Maj. James "Boo" Alford poses in front of barracks on Fort Jackson in the 1950s after the Army desegregated.



Army Family Covenant and what it means to you at Fort Jackson

Child and Youth Services:

“We are committed to improving family readiness by ensuring excellence in schools, youth services and child care.”

As a result of the Army Family Covenant,

- ★ **Free Child & Youth Services registration is now offered to all Fort Jackson families.**
- ★ **Respite care and discounts on CYS programs are now available through CYS for qualifying military families.**
- ★ **Free Saturday child care is available at three locations based on the age/grade of the child for active duty Soldiers performing mission functions, National Guard and Reserve Soldiers during Battle Training Assembly, families qualifying for and using their respite care hours and families authorized and using Exceptional Family Member Program respite care hours.**
- ★ **Saturday child care available at an hourly or daily rate for all Fort Jackson families.**
- ★ **Active duty Soldiers performing mission functions and National Guard and Reserve Soldiers during Battle Training Assembly are eligible to enroll their middle school and high school youths in Saturday morning programs.**
- ★ **Extended-hours care at the Scales Avenue Child Development Center (4:30 a.m. - 8 p.m.); School Age Services Program (4:30 a.m. - 6:30 p.m.) and Child Development Homes (4 a.m. - 9 p.m.).**
- ★ **Supplies/equipment were purchased July 7, 2008 to operate a family-fitness option in conjunction with Andy's Fitness Center at the Solomon Center.**
- ★ **Planned construction of two new Child Development Center for Fort Jackson in 2009.**



SOLDIERS ★ FAMILIES ★ ARMY CIVILIANS

ARMY STRONG.



www.fortjacksonmwr.com

Abnormal sweating; sculpting a six-pack

Maj. Thomas L. Hundley
Moncrief Army Community Hospital

Q I sweat profusely (literally dripping wet) during my aerobic workout. Is this an indication that I'm out of shape?

A Not necessarily. As your body heats up, sweat is transported to the skin from your sweat glands to cool your body as quickly as possible. Rather than indicating a lack of conditioning, profuse sweating may be more indicative of high humidity in the air.

But believe it or not, profuse sweating can also be a sign that you are relatively fit. The more consistently you exercise, your body will tend to sweat more and sweat sooner so that your body doesn't store extra heat. So you may be in shape and not even know it. OK, maybe not!

Q I'm an asthmatic; what exercises would you recommend for people with my similar condition?

A First, I would recommend that you have your pulmonary expert evaluate how your body responds to progressive exercise. Then I would develop a program to meet your individual needs and interests.

You probably would want to work indoors to avoid pollen and other allergies. Here are a few suggestions: swimming, basketball, aerobics, weight lifting, treadmill and yoga.

But the most important thing to remember is to breathe while performing your exercises.



Maj. Thomas Hundley

Q I have fat around my knees that I can't seem to get rid of. What can I do to get rid of this fat?

A Unfortunately fatty deposits around the knee are often genetic. Your first step is to watch your diet to help you lose unwanted weight. Aerobic exercise is great for the legs. Vary your aerobic workouts through the use of different cardiovascular machines, aerobic classes and cycle classes.

I would also recommend cross training that includes leg extensions. This will also help reduce your knee fat and build more shapely leg muscles. Just remember, to be patient and do not obsess about it.

Q I'm tired of my big, flabby thighs. Fat seems to stick to them like glue — what's the best exercise to firm them up?

A There are a couple different things you can do to remedy your dissatisfaction with your thighs. Three to five times a week, do 30-45 minutes of non-stop aerobic activity. This could include brisk walking, cycling, swimming, aerobics classes or any other aerobic exercise. You can also add in one or two days a week of weight lifting with your legs. Those curl and extension machines are ideal for this task. I also have to stress the importance of eating healthy, low fat-foods. Whatever you do, remain patient.

Your thighs did not reach their current state in 30 days, so don't expect to lose them in 30 days.

Q Is it true what they say in exercise, "No pain, no gain?"

A No pain, no gain, is the biggest fallacy known to the health and fitness world. People have confused the word pain with the word "effort." If you put forth maximum effort, then you are sure to achieve maximum results. The only thing that I believe maximum pain can lead to is maximum death. So please don't believe the hype on this crazy myth. I don't want to see a whole bunch of broke up, hurt up people floating around post.

Q Can I trim my waistline and get a six-pack if I do a lot of situps and crunches every night?

A I'm sorry to say, this will only make your core muscle group stronger, but will not result in a six-pack. This fallacy claims that spot reduction is possible with high repetition exercise. Your best bet to flatten your stomach is change your diet to a low-fat, high-protein diet, and then increase the intensity and frequency of your cardiovascular exercise. If you want a good example, take a look at all of the Olympic sprinters. There is a reason why their stomachs are so ripped.

If you have a question about you would like to submit, call 751-2866 or Thomas.Hundley@amedd.army.mil.

TRICARE tips to reduce PCS stress

TRICARE Management Activity

'Tis the season. The moving season, that is. Many military families plan permanent change of station moves during the summer. And with all of the moving-related tasks that Prime and Prime Remote service members and their families must accomplish, TRICARE wants to ensure a smooth transition of their health care benefits as well.

For customized information about moving with TRICARE, visit the benefit information portal at www.tricare.mil and select status, country, zip code and TRICARE plan.

There will also be contact information for dental coverage and regional managed care support contractors on "your profile" page. Each TRICARE plan has its own individual requirements and beneficiaries are encouraged to investigate TRICARE options in their new location prior to a PCS move. There are a few things TRICARE

Prime and Prime Remote active duty and family member enrollees can do to make a move easier before, during and after.

— Refill prescriptions and obtain routine medical care before the move if possible.

— For valuable information about routine, urgent or emergency care while traveling, download and print the handy "Traveling with TRICARE Prime" flyer found in the publications section of www.tricare.mil, direct link at www.tricare.mil/tricaresmart/product.aspx?id=590&CID=0&RID=1.

— Active-duty service members need to coordinate their Prime or Prime Remote enrollment with their new duty station.

— Active-duty family members generally should not make changes to their Prime enrollment until they reach their new location.

— If moving within the same region, select a primary care manager and submit

a TRICARE Prime Enrollment Application and PCM Change Form (DD Form 2876). If moving to a new region, submit the form to the new regional contractor.

— If moving overseas, TRICARE reminds service members to ensure their families are command-sponsored for enrollment in Overseas Prime.

TRICARE also offers a convenient Beneficiary Web Enrollment tool where beneficiaries can manage enrollment and DEERS information online 24/7. Log on to <https://www.dmdc.osd.mil/appj/bwe/> to enroll in Prime, update personal information and request enrollment cards.

Prime Remote active-duty service members and families can also choose PCMs through BWE. Log on is through common access card, Defense Finance and Accounting Service "myPay" personal identification number or family member account PIN which is now called DoD Self-service Logon Pin.

MACH's Organization Day Schedule

The Moncrief Army Community Hospital will be celebrating its annual Organization Day tomorrow. The hospital will be on a half-day schedule. Patients are encouraged to schedule all specialty care appointments from 7:30-11 a.m.

The hospital and pharmacy will be minimally staffed from 11 a.m. to 4:30 p.m. Limit prescriptions to emergency and non-routine prescriptions. Normal operations will resume on Saturday.

MACH's Troop Medical Clinic and Physical Exam Section will remain open from 7 a.m. to 4 p.m. for normal operations.

Patients needing immediate care may utilize the Urgent Care clinic which will remain open 24 hours. For more information call 751-2160.

CHALKBOARD

Opportunities for tots and parents

Jennifer Myer

School of Knowledge, Inspiration, Exploration and Skills Unlimited

Do you have an infant or toddler? Are you looking for an opportunity to get him or her exploring and discovering? If so, the School of Knowledge, Inspiration, Exploration and Skills Unlimited may have an answer for you. Starting this fall, SKIES Unlimited is offering a variety of new classes geared toward the littler ones.

Swimming — SKIES is starting a parent-child aquatics program for children between 6 months and 5 years old. The infant class is for 6-24 month olds and helps introduce infants and toddlers to the water while teaching parents fun and safe ways to interact with their child. Toddler and preschoolers ages 2-5 years, with the help of their parents, learn fundamental water skills that will prepare them for learn-to-swim classes.

Dance — Columbia City Jazz, in partnership with SKIES Unlimited, will offer a mom and tots dance class as well as pre-ballet/jazz classes. Parents and toddlers, 18-36 months old, can participate in a parent-toddler dance class introducing toddlers to music and rhythm through creative movement and games. The pre-ballet/jazz class is designed for 3-6 year olds and introduces them to fundamental ballet and jazz technique while developing gross motor and social skills through creative movement.

Gymnastics — Flying High Academy, in partnership with SKIES Unlimited, will offer tumbling classes to even the youngest of students. Toddlers aged 18 months to 3 years old can participate in the Tumble Tots course designed to introduce children to fundamental tumbling skills. Tumble Tots classes are held at Scales Avenue

Child Development Center and Hood Street Child Development Center. Preschoolers, 4-5 years old, can participate in a more advanced gymnastics class to develop these skills even more.

Reading Room — SKIES is offering a reading room program 10-10:45 a.m., every Friday at the post library. This program is for children 2-4 years old and consists of a story and literary-based thematic activities and crafts. Parents are welcome but not required to participate with their child.

Bright SKIES Academy — For more intensive academic instruction, Bright SKIES Academy is a pre-school-aged academic learning program designed to develop academic and social skills required in kindergarten. Bright SKIES Academy maintains a smaller class size ideal for academic instruction. This class is open to children 3-5 years old. A three-day program, as well as a five-day program, will be offered.

For the younger scholar, Bright SKIES Academy Prep is designed to introduce 2- and 3-year-olds to colors, numbers and letters in an enriching and nurturing environment. The Bright SKIES programs are offered 8:30-11 a.m. starting in September, and all children are required to be potty trained to participate.

Art — A kinder-art clinic will be offered in the fall. Children 3-5 years old are invited to participate in art exploration. Younger siblings are also welcome to join in the fun as long as a guardian participates.

Space is limited, particularly for the Bright SKIES academy classes. Registration can be completed at the Central Enrollment Office, 751-4865. For more information, call 751-6777 or visit us on the Web at fortjackson-mwr.com/skies.

SKIES classes for tots and parents

Below is a recap of the SKIES Unlimited offerings for infants, toddlers and preschoolers.

Parent-Child Aquatics

For children 6-24 months old. The class is 4:30-5 p.m., Mondays and 10-10:30 a.m., Wednesdays at Knight Pool; \$25 a month.

For 2-5 year olds. The class is 9-9:45a.m. and 4:30-5:15 p.m., Wednesdays at Knight Pool; \$30 a month.

Parental participation and swim diapers are required.

Parent-Toddler Dance

This class for children between 18 months and 2 years old; the class is 9-9:30 a.m., Thursdays at the Youth Services Center, 5975 Chestnut Road, dance studio; \$35 a month.

Parental participation is required.

Pre-ballet/Jazz

For children 3-6 years old. The class will be offered 5:30-6:15 p.m., Tuesdays and 10-10:45 a.m., Thursdays at the Youth Services Center, 5975 Chestnut Road, Dance Studio; \$40 a month.

Tumble Tots

This class, for children 18 months to 3 years old, is offered 9-9:30 a.m., Tuesdays in the Gross Motor Area, Scales Avenue CDC and 10-10:30 a.m., Tuesdays at the Gross Motor Area, Hood Street CDC; \$35 a month.

Tumble Bugs

The class, for children 4-5 years old will be 3:30-4:15 p.m., Tuesdays at the Joe E Mann Center; \$40 a month.

Reading Room

For children 2-4 years old. The class will be 10-10:45 a.m, Fridays at the Post Library; \$15 a month.

Bright SKIES Prep

This class, for children 2-3 years old, will be offered 8:30-11 a.m., Tuesdays and Thursdays the location is still to be determined; \$75 a month.

Bright SKIES Academy (BSA)

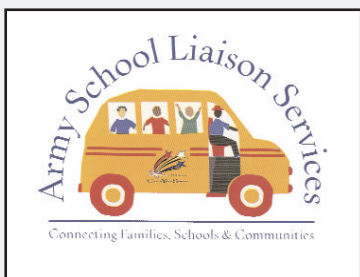
Offered for children 3-5 years old. The class is offered 8:30-11 a.m., Monday, Wednesday and Friday for \$95 a month or 8:30-11 a.m., Monday through Friday for \$140 a month. The location is still to be determined.

Child must be potty trained and transportation is available after class to Hood Street CDC or FCC homes.

Kinder-Art

This class for 3-5 year olds is offered 9-10:30 a.m., Saturdays at the Scales Avenue CDC. Prices per clinic are \$8/child, \$12/family.

Younger siblings are welcome to join in the fun with parent participation.



Fort Jackson Schools

Meet the Teacher will take place at Pierce Terrace Elementary School 1-1:45 p.m., Wednesday and at C.C. Pinckney Elementary School 2-2:45 p.m.

The **first day of school** will be Aug. 21 for Grades 1-6, and Aug. 25 for pre-K and kindergarten.

Registration at Pierce Terrace Elementary School for Pre-K and kindergarten is from 8:30 a.m. to 3:30 p.m., Monday-Friday. Children must be 4-years-old for Pre-K and 5-years-old for kindergarten. For information about registration, call 782-1772.

Richland District One

There will be a **school board meeting** 7 p.m., today at the district office. Parents are welcome.

Students go **back to school** Monday.

Richland District Two

Richland Northeast High School **military family school orientation** will be 5:30-6:30 p.m., today.

The **first day of school** will be Aug. 21.

Dent Middle School Civil Air Patrol is asking for **old BDUs/ACUs** for its program. Call 699-2750 ext. 72007 for more information.

Fort Jackson Homeschoolers

A get-together for home-schooled students is planned for 11 a.m., Tuesdays for various activities. For more information, call 419-0760.

Adopt-A-School

There will be an **Adopt-A-School kick off reception** at 1 p.m., Wednesday at the Joe E. Mann Building. Units or companies who want to participate should send one representative and should RSVP to Ruth.C.Russell@us.army.mil.

College

The South Carolina Commission on Higher Education has launched a **college information**

hotline for students and families.

For up-to-date college information, call (877) 349-7183, 5:30-8:30 p.m., Tuesdays-Thursdays.

Announcements

Moncrief Army Hospital will be the site of **“Supporting Your Child’s Success”** school physicals from 8:30 a.m. to 3 p.m., Saturday. No appointment is necessary.

Free **interactive video SAT/ACT prep course** for military dependents. Visit online at sat.eknowledge.com/military.asp for more information.

For information on **SKIES** classes, call 751-6777/3053.

Adopt-a-School is a program that encourages Soldiers to volunteer in local schools. Units or individual Soldiers may volunteer at schools on a one-time or a regular basis, with supervisory approval for use of mission time. For more information, call 751-6150 or e-mail ruth.russell@jackson.army.mil.

Editor’s Note: For more information on Army School Liaison Services, call 751-6150 or e-mail Ruth.C.Russell@us.army.mil.

COMMUNITY HIGHLIGHTS

Help us find a loving home



Photos by Ashley Henry

These cats and dogs are at the Fort Jackson Veterinary Clinic, and they all need a home. From top left, clockwise: 1-year-old male lab; 6-week-old male chow-German Shepard mix; 1-year-old male pit bull; 2-year-old orange male cat; 1-year-old black female cat. For information on these or other pets for adoption, call the Veterinary Clinic at 751-7160.

This Week

Personal Financial Readiness

There will be a Personal Financial readiness seminar 8:30-10:30 a.m., today at the Education Center, Room B-302. For more information, call 751-4862/6325.

ISFAC Meeting

An Inter-Service Family Assistance Committee meeting is set for 9 a.m. to 12:30 p.m., today in Camden. For more information, call 751-4862/6325.

AIFSN Training Canceled

The AIFSN Training scheduled from 9 a.m. to 4 p.m., Monday and Tuesday has been canceled. For more information, call 751-4862/6325.

Legion Pool Play Group

A play group is set for 11 a.m., Monday at Legion Pool, by the Officers' Club. For more information, call 751-4862/6325.

Exceptional Family Member Program Autism Support Group

There will be an EFMP Autism Support Group meeting 5-7 p.m., Tuesday at the Soldier Family Assistance Center, 2447 Bragg St. For more information, call 751-4862/6325.

Consumer Rights and Obligations

A Consumer Rights and Obligations class will be 8:30-10:30 a.m., Tuesday at the Education Center, B-302. For more information, call 751-4862/6325.

Financial Readiness for First Termers

A Financial Readiness for First Termers

will be 8:30-10:30 a.m., Wednesday at the Education Center, Room B-203. For more information, call 751-4862/6325.

Upcoming

Financial and Relocation Initial PCS Brief

There will be a Financial and Relocation Initial PCS brief will be 8:30-10:30 a.m., Aug. 21 at the Education Center, Room B-302. For more information, call 751-4862/6325.

WorkKeys Assessment

A free WorkKeys Assessment test will be given 9-11 a.m. Sept. 9, from 8:30 a.m. to 4 p.m., Sept. 16 and 23 and from 9 a.m. to noon, Sept. 24. The test enhances a resume and demonstrates skill potential to employers.

These dates will include instructional activities, classes and the assessment. Participants must attend all dates. Free child care is available to military families who register by Aug. 10. All candidates must preregister by calling 751-5452.

Drill Sergeant Spouse's Focus Group

A focus group for drill sergeant spouses will meet at 8 a.m., Aug. 21 in the PAIO Conference Room. Volunteers are needed, and free child care is available.

For more information or to register, call 751-3425

Car Buying

A Car Buying seminar will be 8:30-10:30 a.m., Aug. 26 at the Education Center, Room B-302. For more information, call 751-4862/6325.

Spouses to Teachers

There will be a Spouses to Teachers workshop 1-2 p.m., Aug. 26 at the Education Center, Room B-302. For more information, call 751-4862/6325.

Exceptional Family Member Program Support Group Meeting

EFMP will have a support group meeting 5-7 p.m., Aug. 26 at the Soldier Family Assistance Center, 2447 Bragg St. For more information, call 751-4862/6325.

Women's Equality Day

The 2008 Women's Equality Day luncheon is set for 11:15 a.m. to 1 p.m., Aug. 26 at the Officers' Club. Tickets are \$9.25. For more information, call 751-6213.

The Little Gym Play Group

There will be a Play Group at The Little Gym from noon to 1 p.m., Aug. 27 at 2005 N. Beltline Road. For more information, call 751-4862/6325.

Phase II LEVY Briefing

There will be a Phase II LEVY briefing 2:30-3:30 p.m., Aug. 27 at the Strom Thurmond Building, Room 213. For more information, call 751-4862/6325.

Recruiting and Retention School Retirement Review

The Recruiting and Retention School will conduct the August Retirement Review ceremony Aug. 28 at the Post Headquarters. In case of inclement weather the ceremony will be at the MG Robert B. Solomon Center.

Announcements

Girl Scout Registration

Girl Scout Registration will be 2-4 p.m., Aug. 24 at C.C. Pinckney Elementary School. All girls in kindergarten through grade 12 can register. For more information, call 736-5875.

Free Voice Lessons

The Columbia Chapter of the Sweet Adelines International Chorus is offering free voice lessons to women at 7 p.m., every Thursday until Sept. 18 at the Lexington Baptist Church. For more information, call 732-9960 or visit www.heartofcolumbia.com.

Fire Hydrant Maintenance

Fire hydrants are being replaced, painted and repaired around post. The hydrants are to be painted in compliance with the National Fire Protection Association codes

Jackson Jams

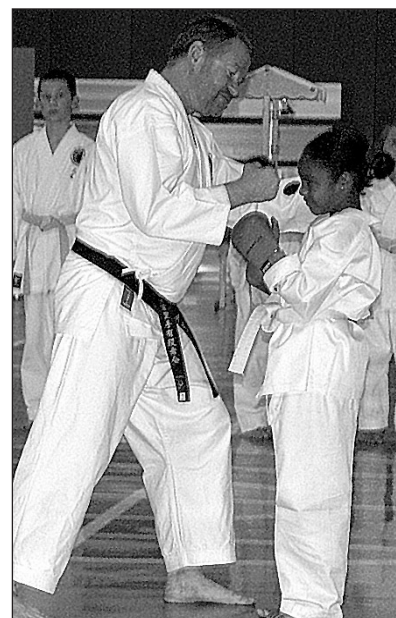


Photo By Ashley Henry

Dave Chestnut, left, of the Columbia School of Katatedo, demonstrates Shuriryu moves on Ashliyn Burgos, 7, at the Youth Center Saturday during Jackson Jams.

and are only to be painted designated colors. Units are asked to not paint fire hydrants, the contractor will be performing this task. For more information, call 751-1611/1610.

120th AG Bn. FRG Fundraiser

The 120th Adjutant General Battalion (Reception) Family Readiness Group is holding a fundraiser to support its end of the summer family event. A deluxe spa package will be raffled. Raffle tickets can be purchased until Friday, for a minimum donation of \$3, at 1895 Washington Road. For more information, call 751-5994/5551.

Pierce Terrace Elementary School Registration

Registration at Pierce Terrace Elementary School will be from 8:30 a.m. to 3:30 p.m. daily at the school.

Pre-K students must be 4 years old and kindergarten students must be 5 years old on or before Sept. 1 to be eligible for enrollment. For more information, call 751-1772, stop by the school office or visit www.am.dodea.edu/jackson/fjpt/index.htm

AUSA Golf Tournament

The Fort Jackson — Palmetto State Chapter of the Association of the United States Army will sponsor the 21st Annual J. Willis Cantey Memorial Golf Classic at noon, Sept. 17 at the Fort Jackson Golf Club. Registration forms can be picked up at the golf course.

Lifetime Network Casting Call

The Lifetime series "Army Wives" is looking for the real Army wife heroes, who also have a need that can be remedied

COMMUNITY HIGHLIGHTS

WTU Back-to-School Bash



Photo By Ashley Henry

Amanda Ambrose, 11, right, tries to hit the target on the tank to dunk Sgt. 1st Class Ron Doiron, Warrior Transition Unit, Friday at the WTU's Back-to-School Bash hosted by the Soldier Family Assistance Center.

in a day. Nominees must be married to a Soldier and live within 150 miles of Charleston. The nomination must include: Name and age of the nominee; names and ages of any children; explanation of why this wife is deserving, heroic and a positive role model; a photo of the Army wife and family; a two-minute video of the nominee describing why she should be selected; a contact phone number.

Send nominations by Wednesday to: Rink Entertainment, LLC, 1018 17th Ave. South, Office Four, Nashville, TN 37212. For more information, call (615) 321-5151.

Absentee Voting

Absentee voters can exercise their right to vote by completing the Federal Post Card Application (FPCA Standard Form 76) or complying with the ballot request procedures enacted by the state in which they vote.

After mailing in the application, the voter will receive his or her absentee ballot. Mailing guidelines differ from state to state. For more information, contact your Unit Voting Assistance Officer or visit www.vote.army.mil.

After School Program in Your Neighborhood

The Boys and Girls Club of the Midlands has partnered with Army Child and Youth Services to provide after-school care, summer camp and before-school care in off-post neighborhoods. For more information, visit www.bcgmidlands.org or call, 231-3300.

Free After School Program for Middle School Students

The Boys and Girls Club of the Midlands will offer free after-school programs for middle-school students. Transportation home is available for \$10 a week. All Army youth and dependents of Army civilian employees are eligible.

For more information, site locations and pre-registration, visit www.bcgmidland.org or call 231-3300.

Gun Locks Available

Free gun locks are available while supply lasts from

Recurring Meetings

Weekly

Walking Away Stress meets at 9 a.m., Mondays and Fridays at the pecan orchard near the post office on Early Street. For a walking log or more information, call 751-6325.

Play Group meets 10-11:30 a.m., Mondays at 5953C Parker Lane. For more information, call 751-5256/6325.

Range Control Briefing is held at 1 p.m., Mondays and Fridays at the Education Center, Room 302. For more information, call 751-7171.

Helping Everyone Reach Optimum Strength meets 5-6 p.m., Tuesdays at Moncrief Army Community Hospital, seventh floor. It is open to combat veterans and their family members. For more information, call 751-2160/2183.

Medical Board Office is closed from 7:30 a.m. until 1 p.m., every Thursday. For information, call 751-0359/7152/7318.

Protestant Women of the Chapel meet Thursdays from 9:30 a.m. to 12:30 p.m. at the Main Post Chapel. Homeschoolers are welcome and evening studies are available. Free child care is available. For information, e-mail pwocjackson@yahoo.com.

Overseas Travel Clinic is held from 8:30 a.m. to noon, Fridays. For more information, call 751-5151.

Military Widows/Widowers Association meets at 2 p.m., Sundays at Moncrief Army Community Hospital, eighth floor. For more information, call 787-2469.

Monthly

The Ladies Auxiliary meets at 3 p.m., the second Sunday of the month at 534 S. Beltline Blvd. Call 782-5943 or 782-0148 for more information.

Civil Air Patrol meets at 6:30 p.m., the first Monday of the month at Columbia's downtown airport, Owens Field, main conference room. For more information, e-mail tom.alsup@gmail.com or visit online at www.scwg.cap.gov.

Seabees meet at 7 p.m., the second Monday of the month at the West Metro Chamber of Commerce and Visitors Center. Call 755-7792, 736-0841 or 755-0300 for more information.

Veterans of Foreign Wars meet at 7:30 p.m., the second Monday of the month at 534 S. Beltline Blvd. Call 782-5943 or 782-0148 for more information.

Fort Jackson Enlisted Spouses' Association meets at 6:30 p.m., the third Monday of each month at

5942E Thomas Court. For more information, call 665-4170 or e-mail esa2005ff@yahoo.com.

Sergeant Audie Murphy Club meets at 11:30 a.m., the first Tuesday of the month at the Post Conference Room www.jackson.army.mil/360/SAMC/home.htm.

American Legion Post #182 meets at 7 p.m., the first Tuesday of the month at the Officers' Club. For information, call 351-2333.

Weight Loss Surgery Support Group meets at 6 p.m., the second Tuesday of the month in the Moncrief Army Community Hospital eighth-floor day room. For more information, call 751-0392.

Disabled American Veterans meet 6 p.m., the second Tuesday of the month at 511 Violet St., West Columbia. For information, call 796-7122.

Fleet Reserve Association Unit 202 meets at 1 p.m., the third Tuesday of the month at 2620 Lee Road. Call 482-4456 for information.

Purple Heart #402 meets at 7 p.m., the fourth Tuesday of the month at the American Legion Post #6 on Pickens Street. For information, call 351-2333.

American Red Cross new adult volunteers orientation is the third Wednesday of the month from 9 a.m. to noon at building 2179 on Sumter Avenue. For more information, call 571-4329.

"Victory Riders" Motorcycle Club meets at 5 p.m., the first and third Thursdays of the month at Magruders Club. For information, e-mail sec@ffvictoryriders.com.

Society of American Military Engineers meets 11:30 a.m., the fourth Thursday of the month. For information, call 254-0518 or 765-0320.

Diabetes Support Group meets at 6 p.m., the last Thursday of the month in the Moncrief Army Community Hospital fourth floor dining facility. For information or to register, call 751-2501.

MEDPROS training will be held 1-4 p.m., the third Friday of the month, at the hospital, Room 9-83. For more information or to register, e-mail Jaclynne.Smith@amedd.army.mil.

Retired Enlisted Association meets at 5:30 p.m., the third Friday of the month at the hospital, third floor. For information, call 740-2319 or e-mail jrogers11@sc.rr.com.

92nd Buffalo Chapter 20 DAV meets at 11 a.m., the third Saturday of the month, except July and August, at the DAV Headquarters 511 Violet St., West Columbia. For information, call 260-1067.

U.S. Navy Sea Cadets, for 11-18 year olds, meet the third weekend of the month. For information call 622-8707.

To submit a recurring meeting, e-mail the name of the group, when and where the meeting takes place and contact information to fjleader@conus.army.mil.

the Installation Safety Office at 3290 Forney St. or from the Directorate of Emergency Services at 5499. The locks can be picked up between 7:30 a.m. and 4:30 p.m.

Fire Alarm Warning

If occupants of a building notice a malfunction in the fire alarm system, it should be reported immediately by calling 751-4142/7217. No one should work on a fire alarm system except authorized personnel. Tampering

with a fire alarm system, a violation of Fort Jackson Regulation 420-90 and South Carolina law, is punishable under the Uniformed Code of Military Justice. For more information, call 751-1610.

Employment Assistance

For help contacting the Employment Readiness manager at your new installation, call Fort Jackson Employment Readiness at 751-5452.

The Citadel cadets take lessons

Ashley Henry
Public Affairs Intern

Upperclassmen cadets from The Citadel were pushed to their limits Saturday when they came to Fort Jackson to get a taste of teamwork and leadership.

The cadets, who will act as The Citadel's drill sergeants to the 2008 incoming freshmen class, completed the Confidence Course and the Team Development Course under the guidance of drill sergeant candidates from the Drill Sergeant School.

Many of the 133 cadets who participated in the training had never completed training similar to this. Capt. Ken Boes, The Citadel tactical officer, said courses were selected that would make the cadets work together.

"This gives these young cadets an excellent chance to learn how things are done in the Army and the Army manner, how to build and learn confidence and how to work together as a team to get things done," Boes said.

One of the most beneficial parts of the training, Sgt. Maj. Sylvan Bauer, The Citadel command sergeant major said, was

that the cadets get to see how the drill sergeants interact with them, as trainees, so when they are back at The Citadel they will know how to train the freshmen.

Cadet Zachery MacInnis agrees this interaction is important.

"Being able to watch guys who have been doing this for eight or nine years and who know what leadership is and know how to train people and being able to get that experience from them and pass it on to the other cadets is going to help us a lot," MacInnis said.

The training was not only beneficial to the cadets from The Citadel but to the drill sergeant candidates as well.

"It is good for the entire group," said Sgt. 1st Class Michael Howard, Drill Sergeant School senior drill sergeant leader.

"Because we have drill sergeant candidates out here who are getting ready to be drill sergeants. So this is one of the best ways to train them because they get to work with someone who has never done anything like this before."

Throughout the day at the different obstacles, on both



A drill sergeant candidate from the Drill Sergeant School, top of tower, watches as cadets make their way down the Inverted Rope Decent at the Confidence Course.



Cadet Elisha Woienski, The Citadel cadet, completes the Slide to Victory obstacle at the Confidence Course Saturday. The cadets had to climb a cargo net then walk across a balance beam before climbing to the top and going down the zipline in a harness.



Cadet Neal Johnson, left, and Paul Herrmann, right, from The Citadel prepare to complete the Belly Robber at the Confidence Course. The cadets had to work as a team to navigate on their stomachs across the logs.



Cadets from the Confidence Course get increased.

s from drill sergeant candidates

courses, cadets were treated with different personalities. At one obstacle, drill sergeants would be motivating, while at another, they would be ridiculing.

“We used different personality types because some of these cadets don’t know how to be a leader, they just know how to use harshness and they don’t understand professionalism,” Howard said. “This way taught them that yelling at trainees isn’t always the best way to get the task accomplished.”

Cadets accomplished the tasks put before them throughout the day and worked as a team to do it. Because most of the cadets act as first sergeants or platoon leaders at the school, it was a challenge for them to work as a team because it was not something they were used to doing.

“I want them to bring away confidence in their skills. I want them to learn and see how the Army drill sergeants do it,” Boes said. “I also want them to realize that by working and learning and growing (together) they can be more effective in what they do every day.”

Ashley.Rose.Henry@us.army.mil



s from The Citadel help each other over the 5 Walls obstacle at Confidence Course Saturday. In this obstacle cadets have to figure out how to get everyone in their group over the five walls, which creasingly higher as they complete each wall.



Photo by Ashley Henry

Cadet Michael Helfrich, The Citadel cadet, maneuvers his way across a board Saturday at the Team Development Course. The cadets had 10 minutes to devise a plan and 30 minutes to get their whole team across the obstacle along with a box of ammunition. They were not able to touch the ground or anything that was painted white.



Cadets John McGuinniss, left, and Alex Formato, right, practice keeping a low profile on the Inclining Wall at the Confidence Course.

CHAPEL

Weeding
the spiritual
garden

Chaplain (Capt.) Kevin Phillips
171st Infantry Brigade

I decided that I wanted a picturesque yard, so I tried something new this year — I fertilized my grass. I thought I would never do it because I hate cutting grass. However, I discovered there was something I liked even less than cutting my grass — weeds.

I am amazed at how many weeds have popped up since last summer. They are throughout the yard. They are in the open spots, they are in hidden areas, they are in the shaded areas and they are in the sunny areas. I just don't like them. They are ugly and they starve my good grass.

Without even trying hard, the weeds have taken control of my yard. I fertilized because I thought if my grass was healthy it would choke out the weeds. I am on a quest to find out if that is true. The lawn food is designed to do that very thing; feed the healthy grass and kill the weeds. I hope it is that simple.

The Christian life is somewhat like lawn care. A person can do maintenance and keep the grass cut, keep the weeds down and keep the neighbors happy.

Or, a person can choose to do something extraordinary such as planting a beautiful rose garden, complete with trellises and birdbaths. Or, he or she can let his or her yard go and allow the weeds to take control.

If we desire a good yard we must weed it. If we desire a healthy Christian life we must feed it the good stuff and get rid of the junk. The Apostle Paul said to meditate on things that are good, holy, lovely and pure (spiritual fertilizer).

We live in a world that is filled with things that plague our minds like weeds and draw our attention away from God's good stuff. It is easy to let them take root and run rampant and prevent the good stuff from growing.

What's the good stuff? Paul told us in Galatians that the good stuff is love, joy, peace, long suffering, gentleness, goodness, faith, meekness and self-control (things only God's Holy Spirit can help us produce).

The bad stuff is hatred, anger, impatience, violence, meanness, self-reliance, pride, etc. (we produce these all on our own). When we see weeds popping up in our life, we need to pluck them. It might even take a little spiritual Round Up to get rid of those weeds.

The best way to have a model life is to keep the garden weeded and fill your mind with the good stuff, which is God's stuff, and your life will be filled with bounty.

Worship services

Protestant

- Sunday 8 a.m. and 10:45 a.m. Daniel Circle Chapel (Gospel)
8 a.m. Bayonet Chapel (Hispanic)
9:00 and 10:30 a.m. Magruder Chapel
9:30 a.m. Main Post Chapel
10:45 a.m. Post-wide Sunday School (Post Chapel)
11 a.m. Daniel Circle Chapel
11 a.m. Memorial Chapel
11 a.m. Chapel Next
Chaplain School
 - Wednesday 7 p.m. Gospel Mid-week Service Daniel Circle Chapel
- PROTESTANT BIBLE STUDY
- Monday 7 p.m. Women's Bible Study (PWOC - Post Chapel, Class 209)
 - Wednesday 7 p.m. Anderson Street Chapel
7 p.m. Daniel Circle Chapel
7 p.m. Gospel Congregation's Youth (Daniel Circle Chapel)
 - Thursday 9:30 a.m.-12:30 p.m. Women's Bible Study (PWOC, Post Chapel)
6 p.m. Neighborhood CMF/OCF Bible Study (Call 790-4699)
7 p.m. LDS Bible Study (Anderson Chapel)
 - Saturday 8 a.m. Men's Prayer Breakfast (Post Chapel, every second Saturday of the month in Chapel Fellowship Hall)

PROTESTANT YOUTH OF THE CHAPEL

- Sunday 5 p.m. Daniel Circle Chapel (1st & 3rd Sundays)
- Wednesday 6:30 p.m. Main Post Chapel

Lutheran/Episcopalian

- Sunday 8 a.m. Memorial Chapel

Islamic

- Sunday 8-10 a.m. Islamic Studies
- Friday 12:30-1:45 p.m. Jumah Services (both — Main Post Chapel)

Church of Christ

- Sunday 11:30 a.m. Anderson Chapel

Catholic

- M-F 11:30 a.m. Mass (Post Chapel)
- Sunday 8 a.m. Mass (Solomon Center)
11 a.m. Mass (Main Post Chapel)
9:30 a.m. Mass (120th AG Battalion Chapel)
9:30 a.m. CCD (Education Center)
9:30 a.m. Adult Sunday School
12:30 a.m. Catholic Youth Ministry
- Wednesday 7 p.m. Rosary
7:30 p.m. RCIA/Adult Inquiry

Jewish

- Sunday 9:30-10:30 a.m. Memorial Chapel
10:30-11:30 a.m. Jewish Book Study (Post Conference Room)

Latter Day Saints

- Sunday 9:30-11 a.m. Anderson St. Chapel

Addresses, phone numbers

Daniel Circle Chapel — 3359 Daniel Circle, Corner of Jackson Blvd., 751-4216
Main Post Chapel — 4580 Strom Thurmond Blvd., corner of Scales Ave., 751-6469
Bayonet Chapel — 9476 Kemper St., 751-4542
Family Life Chaplain - 4850 Strom Thurmond Blvd. (inside of Main Post Chapel), 751-5780
Anderson St. Chapel — 2335 Anderson St., Corner of Jackson Blvd., 751-7032
Education Center — 4581 Scales Ave.
Magruder Chapel — 4360 Magruder Ave., 751-3883
120th Rec. Bn. Chapel — 1895 Washington St., 751-5086
Memorial Chapel — 4470 Jackson Blvd., 751-7324
Chaplain School — 10100 Lee Road, 751-8050

PWOC Bible Study

9:30 a.m. to 12:30 p.m. Thursday
Main Post Chapel
more: pwocjackson@yahoo.com



The following are incidents compiled from reports, complaints or information received from the Fort Jackson Provost Marshal Office.

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

Lt. Col. Ronald F. Taylor

Director, Emergency Services/Provost Marshal

Sgt. Maj. Allen Taylor Jr.

Provost Sergeant Major

Billy Forrester

Fire Chief

Tip of the Week

All vehicles entering Fort Jackson will be inspected before entering the installation. Everyone entering the installation must show personal identification. Security personnel will inspect identification cards, badges or any other personal identification approved by the installation commander.

Cases of the Week

A Soldier was charged with drunken driving after a breathalyzer test indicated a blood alcohol content level of 0.18 percent. The legal limit in South Carolina is 0.8 percent.

The Soldier was stopped at Gate 2 and

crimestoppers
1-888-559-TIPS
www.midlandscrimestoppers.com

FORCE PROTECTION
THOUGHT OF THE WEEK

Verify the identity of persons entering occupied buildings

Restrict access control at all food and water storage areas.

EMPLOY RANDOM
ANTITERRORISM MEASURES (RAM)

Increase security spot checks at ACPs

Secure and inspect all buildings and rooms not in regular use.

Verify the identity of visitors and randomly inspect suitcases.

Are factory-direct wholesale clubs really a bargain?

1st Lt. Matthew L. Fesak
Legal Assistance Attorney

The Fort Jackson Legal Assistance Office has received several inquiries about how to cancel contracts with factory-direct wholesale clubs. Unfortunately, these contracts are legal and there is little the legal office can do for someone caught in one. Here is some information to help inform consumers of how these businesses operate before they sign a contract.

What are Factory-Direct Wholesale Clubs?
Wholesale Consumer Clubs are suppliers of consumer goods that require you to purchase a membership for the privilege of buying their goods at discounted prices. These types of clubs range from quasi-retailers where memberships cost less than \$100, to clubs that offer factory-direct furniture and household goods, which can have membership fees approaching \$5,000. This article focuses on the latter type of factory-direct wholesale club.

The Hidden Costs of Membership
Clubs that sell factory-direct home furnishings at wholesale prices claim to save customers lots of money on name-brand furniture and appliances by cutting out the “middle man,” the retailer, who must charge a mark-up in order to cover operating costs and return a profit. While these wholesale clubs can offer some deep discounts compared to retail — and it should be noted that there are genuinely satisfied customers out there — a common complaint is a lack of transparency in their pricing schemes. In other words, it is very difficult to tell at the time of sign up how much money will really be saved, if any at all.

First, the membership fee can be substantial — often costing upward of \$4,000 — and that fee must be paid before deciding to buy a single thing from them. Second, many military consumers cannot afford to pay the entire membership fee at once. Not to be deterred, these companies will finance a membership, but might charge an

interest rate comparable to or even higher than interest rates charged by your credit card companies. That can result in thousands of dollars more spent in finance charges. Furthermore, if a customer cannot afford to pay the entire membership fee up front, then he or she probably cannot afford to buy enough merchandise to make the membership worthwhile. Once a customer begins purchasing merchandise, these companies will tack on a “handling fee” that is computed as a percentage of the sales price (essentially a sales commission for the franchise — so much for eliminating the “middle man”), as well as a substantial freight charge for delivery of the item.

All of these extra costs have led some dissatisfied customers to question whether joining a factory-direct wholesale club really saves money as compared to simply being a savvy customer that shops clearance sales or takes advantage of special promotions (such as free delivery) offered at regular retail stores. In *Consumer Reports’* September 2007 article, the magazine suggests that membership in these types of clubs might save money if a customer is furnishing a whole house from scratch or doing a major renovation. But assuming a \$5,000 membership fee and an average 25 percent savings below retail, keep in mind that would mean purchasing \$20,000 in merchandise just to break even on the membership fee. And in a perverse twist of human psychology, many people who invest so much in a membership then feel pressure to buy more merchandise than they really otherwise need (or can reasonably afford), just to feel their investment was worthwhile.

The Sales Pitch
New memberships are typically solicited at closed-door, invitation-only events where heavy-handed salesmen advertise the potential savings available while downplaying the hidden costs. After being bombarded with the sales pitch, attending patrons are given a now-or-never ultimatum - if you walk out the door without signing a contract, the opportunity of membership will be

Operation Hours

Fort Jackson’s Legal Assistance Office, located in the Office of the Staff Judge Advocate, 9475 Kershaw Road, is open 9 a.m. to 4 p.m., Mondays through Thursdays.

For appointments call 751-4287. The office accepts walk-ins for living wills, health care powers of attorney and durable powers of attorney, 1:30-4 p.m., Tuesdays and Thursdays.

Walk-ins are welcome for general legal questions and are accepted 9-11 a.m., Thursdays.

closed. This tactic prevents customers from taking the pricing information they receive at the sales meeting and using it to comparison shop and denies you the opportunity to gather unbiased, outside information about the company in order to better appreciate the real costs and benefits. Plus, their primary concern is locking a customer into paying the hefty membership fee, since he or she can take that to the bank even if the person never purchased a single item.

Other common complaints about factory-direct wholesale clubs include poor customer service, delivery delays, and the inability to easily return items that are unwanted or defective.

The take-away is that customers need to be fully informed about both the pros and the cons of joining a factory-direct wholesale club before attending a sales meeting, so that they do not get caught up in the sales pitch and make a rash decision. To be a better informed consumer, check out the company with the Better Business Bureau, and also look at the many online bulletin boards where consumers can rate and desirable their experiences about a company.

Finally, if a person does ultimately decide to join, just be aware of the gamble being taken with a substantial sum of money, since there is no guarantee enough will be saved to recoup the membership fee.

SPORTS/FITNESS

Soldier claims gold, sets record

Army News Service

BEIJING — Spc. Glenn Eller won the Gold Medal in double trap shooting Tuesday, setting an Olympic record with a total score of 190.

Eller's teammate, Spc. Jeff Holguin, finished fourth. Both Soldiers are members of the U.S. Army Marksmanship Unit based at Fort Benning, Ga.

Eller went into the final round leading by four shots and hit 45 out of 50 targets, to win the first shooting Gold for Team USA in Beijing.

Eller is a three-time Olympian. He finished 15th in 2000 and 17th in the last summer Olympic games.

In the Men's 10-Meter Air Rifle event over the weekend, two-time Olympian and U.S. Army Marksmanship member Sgt. 1st Class Jason Parker placed 23rd with a total score of 591, while 19-year old West Point Cadet Stephen Scherer took the 27th spot with 590.

Parker will compete Sunday in the Men's 50-Meter Three Position Rifle, his second event of the 2008 Olympic

Games. Sunday is the final day of the shooting competition.

Along with double trap, shooters are competing Tuesday in the men's 50m Free Pistol event at the Beijing Shooting Range Hall.

Sgt. 1st Class Daryl Szarenski, a three-time Olympian, will be competing for the USA in Men's Free Pistol. Szarenski claimed the Bronze Medal at the "Good Luck Beijing" 2008 International Shooting Sport Federation World Cup in April, which was the first World Cup medal won by a U.S. shooter in Men's Free Pistol since 2000.

WCAP shooter Staff Sgt. Keith Sanderson, 33, of San Antonio, is scheduled to compete Saturday in the 25-meter rapid fire pistol event.

Army Reserve Staff Sgt. Elizabeth "Libby" Callahan, 56, a native of Columbia, S.C., made her fourth Olympic appearance in the women's sport pistol event Wednesday. She came in 25th place.

USAMU shotgun shooter Pfc. Vincent Hancock, 19, of Eatonton, Ga., set a

world record in every skeet-shooting event at age 18. He will toe the line Saturday in Beijing.

U.S. Army World Class Athlete Program Greco-Roman heavyweight wrestler Staff Sgt. Dremiel Byers will compete in the 264.5-pound weight class Thursday.

Byers, a world champion in 2002, is accompanied in China by WCAP teammate and training partner Spc. Timothy Taylor, whom Byers defeated in the Olympic team trials.

"I was at the Olympic Training Center in Colorado Springs and Glenn Eller was in Houston shooting by himself," said Holguin, who joined USAMU in the spring of 2007. "All of us are now shooting together in the marksmanship unit with great competition day in and out among us, and it's just improved all of our games."

As Holguin makes his Olympic debut, Eller, who joined the Army in 2006, will be competing in this third Olympics. He placed 17th in 2004 and 12th in 2000.

Sports Briefs

Swim Meet

The deadline to enter the active-duty swim meet is Aug. 21. The swim meet will begin a 6 p.m., Aug. 28 at Knight Pool. For more information, call the Sports Office at 751-3096.

Ultimate Frisbee

An Ultimate Frisbee program will start in September. For more information, call 751-3096.

Children's Soccer Camp

Registrations for smart start soccer camp are being accepted for children 3-5 years old. The camp is set for 8:30-9:15 a.m., Aug. 5-7. The cost is \$20 per child. For more information, call 751-5040, or to register, call 751-4865.

Free Soccer Event

A free Soccer Skills Fun Day will begin 6 p.m., Aug. 28 at the Youth Sports Complex. The workshop is open for children 3-18 years old. Participants must first register with the Central Enrollment Office. For more information, call 751-5040.

Fall Sports Signup

Registration is open for fall youth flag football, cheerleading, soccer cross country and volleyball. Participants must first register with the Central Enrollment Office. Proof of age and a current physical are required to register.

Flag football for 6-13 year olds: Sept. 20 through Nov. 1. Practice is twice a week 5-7 p.m., with games played on Saturday. The registration fee is \$30, but additional children from the same family cost \$27. The fee includes a jersey and trophy.

Cheerleading for 4-13 year olds: Sept. 20 through Nov. 1. Practice is twice a week 5-7 p.m. The fee is \$30, but additional children from the same family cost \$27. The fee includes skirt, top and trophy.

Soccer for 3-18 year olds: Sept. 20 through Nov. 1. Practice is twice a week 5-7 p.m. The fee is \$30, but additional children from the same family cost \$27. The fee includes jersey, shorts and trophy. This is an off-post league, and a birth certificate is required at registration.

Volleyball for 8-18 year olds: Sept. 20 through Nov. 1. Practice is twice a week 6-8 p.m. The fee is \$30, but additional children from the same family cost \$27. The fee includes jersey, shorts and trophy.

Cross country for 6-18 year olds: Sept. 10 to November. Practice is twice a week 5-7 p.m. The fee is \$40, but additional children from the same family cost \$27. The fee includes jersey, shorts and trophy.

Pro in the making



Courtesy Photo

Lee Lambert, 12, Fort Jackson Golf Club member, displays a good follow-through on a shot at the golf club. Lambert, a Columbia native, placed first in three of four events during the Big Break Challenge in Columbia Aug. 4-5. He scored 23 beating all age groups 12-18 years old.

Summer basketball standings*

120th	10-1
Swamp Foxes	7-4
3-13	6-4
SCNG	6-4
DSS	6-5
VSB	6-7
187th	5-6
2-13	4-7
SSI	3-7
2-39	1-10

* Standings as of Aug. 11.



Summer softball standings*

Monday/Wednesday League	
CP	9-2
VSB	9-4
Roughnecks	9-4
2-60	4-9
MWR	4-9
3-13	3-9

Tuesday/Thursday League

RRS	6-4
MEDDAC	5-4
Swamp Foxes	5-6
187th	3-6
3-60	3-6

* Standings as of Aug. 11.

